





- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

Do you have more than 10 that you want to “keep”? For the purposes of this activity, to identify your “must-haves” select no more than 10.

Now, rank order the list. What is your experience with this task (i.e., easy, frustrating, took time and reflection)?

Next, for each value indicate how you would like to use it in your career/job. For example, “I would like to help others by talking to them about their family problems and generating strategies to address or resolve those problems.”

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.








